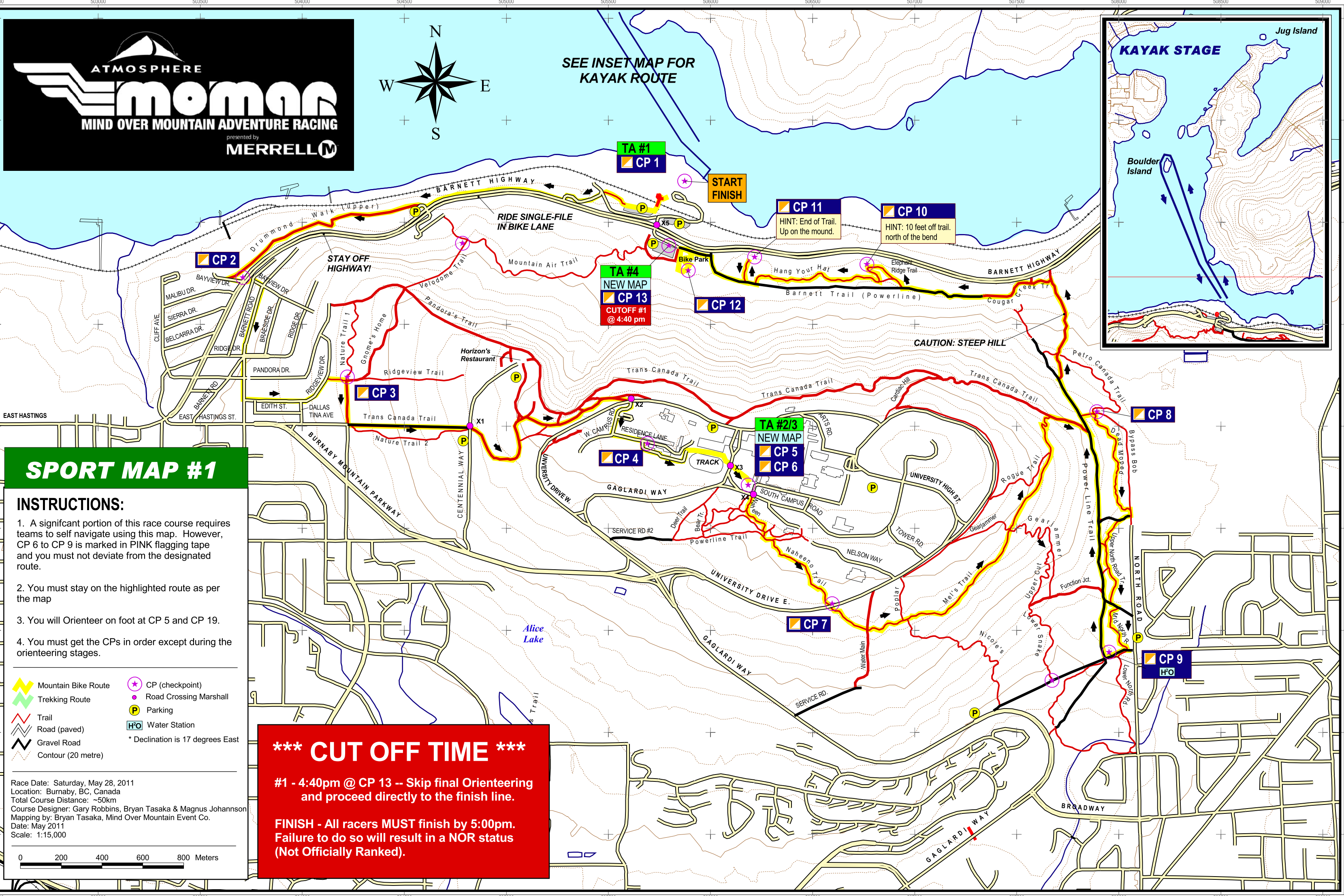
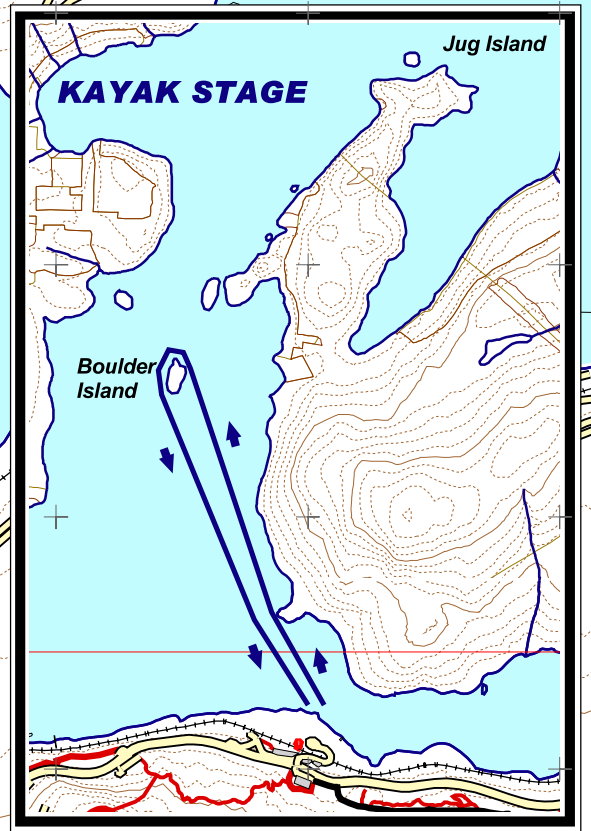


SEE INSET MAP FOR  
KAYAK ROUTE

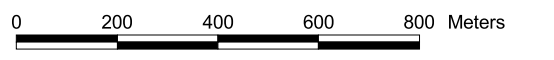


## INSTRUCTIONS:

1. A significant portion of this race course requires teams to self navigate using this map. However, CP 6 to CP 9 is marked in PINK flagging tape and you must not deviate from the designated route.
2. You must stay on the highlighted route as per the map
3. You will Orienteer on foot at CP 5 and CP 19.
4. You must get the CPs in order except during the orienteering stages.

	Mountain Bike Route		CP (checkpoint)
	Trekking Route		Road Crossing Marshall
	Trail		Parking
	Road (paved)		Water Station
	Gravel Road		* Declination is 17 degrees East
	Contour (20 metre)		

Race Date: Saturday, May 28, 2011  
 Location: Burnaby, BC, Canada  
 Total Course Distance: ~50km  
 Course Designer: Gary Robbins, Bryan Tasaka & Magnus Johansson  
 Mapping by: Bryan Tasaka, Mind Over Mountain Event Co.  
 Date: May 2011  
 Scale: 1:15,000



**\*\*\* CUT OFF TIME \*\*\***  
**#1 - 4:40pm @ CP 13 -- Skip final Orienteering and proceed directly to the finish line.**  
**FINISH - All racers MUST finish by 5:00pm. Failure to do so will result in a NOR status (Not Officially Ranked).**